From the President's Desk

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Hola HNS Familia,

It has been a great year for HNS. There were several updates shared at our Annual Business Meeting in October. For full information and slides, please see the HNS website at https://hnps.org/hns-business-meeting-2022.

Here are just a few of the highlights from 2022:
- We have implemented the Home Study program for Continuing Education. There are several exciting programs that are available on our website for watching at your own time.
- We now have a Study Advertising Board and Classified's Board on our website to assist with research participant and job recruitment.
- New Committees – Practice Committee and Conference Committee
- Our membership grew by over 130 members!
- New HNS Fellow – Dr. Christine Salinas
- Signed Memorandum of Cooperation to formalize the relationship among HNS with the Asian Neuropsychological Association (ANA), Society for Black Neuropsychology (SBN), and Queer Neuropsychological Society (QNS).

Upcoming highlights for next year include an HNS Conference and re-established HNS Mentoring Program. More details coming soon.

I would like to express my gratitude and recognize the contributions of Anita Herrera-Hamilton, PhD, Jose Lafosse, PhD, and Karen A. Dorsman, BA as their terms on the Board of Directors come to an end. HNS deeply values their dedication to the organization over the years.

I wish each of you a happy new year. Thank you so much for allowing me to serve as President these past 3 years. It has been a true honor.

Adelante!

Veronica Bordes Edgar, PhD, ABPP
President, Hispanic Neuropsychological Society
INTERSECTIONALITY SERIES

NEED CE CREDITS ON YOUR OWN TIME?

LEARN ABOUT INTEGRATING INTERSECTIONALITY INTO SOCIAL CHANGE, POLICY, AND PRACTICE

DEVELOPING CRITICAL CONSCIOUSNESS
JASMINE A. MENA, PHD

INTERSECTIONALITY IN THE PRACTICE OF PSYCHOLOGY
MARTINIQUE K. JONES, PHD

INTEGRATING INTERSECTIONALITY IN NEUROPSYCHOLOGY
DARYL FUJII, PHD, ABPP

To register and for additional information regarding instructional level, target audience, refund/cancellation policy:
https://hnps.org/continuing-education/

Hispanic Neuropsychological Society (HNS) is approved by the American Psychological Association to sponsor continuing education for psychologists. HNS maintains responsibility for this program and its content.
LET'S GET SOCIAL

HNS SOCIAL EVENT

Join HNS colleagues and friends for a get together during the INS annual meeting in San Diego, CA! Have a wonderful time networking and celebrating with dinner, music, and dancing. We hope you can join us!

WHEN:
Thursday, February 2nd, 2023

WHERE:
Barra Barra Saloon
4016 Wallace St, San Diego, CA

TIME:
7:30-9:30pm

Dinner includes: appetizers, entrée and dessert

COST:
$50 Non-members & Guests
$40 HNS Members (all types except students)
$15 HNS Student Members

Space is limited! Register Today!

REGISTER HERE
HTTPS://HNPS.ORG/HNS-SOCIAL-AT-INS-2023/
Updates from the 2022 Minnesota Conference

The Minnesota Conference 2022 took place in September 2022 and the Hispanic Neuropsychological Society was well represented across the steering committee, planning commission, content panels, and delegates. The principal aim of the conference was to 1) integrate a well-articulated competency-based approach to training centered in multiracial/ multiethnic/ multicultural, social justice, equity, and inclusion and 2) incorporate new technologies and advances in neuroscience, data analytics, and computer technology within every training experience and competency, based on the foundation of the Houston Conference Guidelines.

Delegates, who were the only participants with voting rights, were selected with aspirational goals to be representative of multiple factors, including racial, ethnic, linguistic, and cultural groups, diverse gender and sexual orientation, and career and training settings as well as years of experience. Per the official website announcement, “a slate of delegates and alternates was approved by the Planning Commission on May 16, 2022, and minor adjustments were later made due to the inability of some selectees to attend. The current slate of 56 delegates is posted here, and key group statistics are posted here. As noted, 41% of delegates reported a race/ethnicity within BIPOC, 59% reported female gender, and 12.5% reported LGBTQIA+ as their sexual orientation. Twenty-one percent reported multiple languages or a first language other than English. Notably, the slate includes six current trainees and broad representation across clinical neuropsychologists in early, mid, and late career. Of note, delegates typically had broad experience in offering training across multiple training levels and practice areas.”

The conference took over two years of planning! Once in Minnesota, every individual had a wide range of responsibilities that were carried out from assigned seating, which was an asset for the scribes so that they could know who was speaking at all times.

Delegates were divided into four groups, with each group having scribes and representatives from the content panels and steering committee. Observers from APPIC, APA, and the British Psychological Society rotated among the groups.

During the first official day, the content panels (Education; Technology; and Equity, Justice and Inclusion) were tasked with providing evidence-based content to anchor the breakout sessions and revisions. Foundational competencies were revised on the second day, functional competencies on the third day, and implementation was addressed on the fourth day. At the end of each day (sometimes lasting until midnight!), different synthesis groups integrated and drafted a summary of all the suggestions offered by each group. Then, the following morning promptly at 7:30am, the synthesis group presented the revisions and voting commenced. Delegates voted on each competency and recommended revisions. Key votes included:

1. Approving competencies, including “Equity, Justice, Cultural Humility, and Inclusion” as a new foundational competency, and “Advocacy” and “Technology and Innovation” as new functional competencies.
2. Centering Equity, Justice, and Inclusion within every training experience and competency.
3. Recommending that the CNS Council consider an apology similar to that of APA’s.

Since adjourning the conference, the Steering Committee has engaged the Synthesis Teams and the Content Panels to continue finalizing the Minnesota Conference Guidelines. Once the completed document is drafted, delegates will have the opportunity to review the document before being finalized for publication and dissemination. The Steering Committee has shared that the Archives of Clinical Neuropsychology (ACN) and The Clinical Neuropsychologist (TCN), will jointly publish the Minnesota Guidelines and supporting documents in 2023.
Minnesota Memories
The Beery VMI in Focal Pediatric Epilepsy: Clinical Correlates and Lateralizing Value

Paola Velázquez-González, MS & William MacAllister, PhD, ABPP-CN

- The Beery-Buktenica Developmental Test of Visual-Motor Integration (VMI) is a commonly used test of visuo-construction. While many assume this task has lateralizing value in focal epilepsy, this remains untested.
- This study aimed to investigate the utility of the VMI in children and adolescents with focal, well-lateralized epilepsy.
- 101 children and adolescents with focal epilepsy (ages 4–18, 47 males, 54 females) completed the VMI as part of their neuropsychological evaluation.
- While the VMI is related to IQ, relations with other epilepsy severity variables were minimal, contrary to our expectations. Despite popular belief, VMI does not strongly lateralize left versus right hemisphere cases.
- Post hoc analyses showed that when restricting the sample to those with low average IQ or better (IQ<80), VMI performance and lateralization differed significantly between left and right-sided seizures.

![Fig.1 VMI Performance Correlation for IQ (r=.673, p=<.001.)](image1)

![Fig.2 VMI performance and lateralization comparison (t=.839, p=.403)](image2)

![Fig 3. VMI impairment and lateralization comparison in average IQ sample (x2 =3.77, p=.052.)](image3)

These findings likely reflect functional reorganization and subsequent “crowding effects” that may occur in left hemisphere epilepsy in children. More specifically, those with seizure focus on the left hemisphere often show bilateral or right hemisphere language dominance, but this could occur at the expense of visual-spatial skills.
Student Association Corner

How do you unwind during the holidays?

Neuropsychology-Trainee version

- Turning off notifications from my phone
- Logging-off my email and professional social media platforms for 2 days
- Shortening my workdays to 4-5 hours
- Setting out-of-office automatic replies on my email

I AM GRATEFUL

- For my peers' support
- My health and that of my loved ones
- The opportunity to learn with my patients
- My mentors and their endless encouragement

What are you grateful for this holiday time?

CONGRATULATIONS!

- Jéssica Orobio was elected Student Representative of the Bilingual Psychologists Special Interest Group of the APA Division 53 (Society of Clinical Child and Adolescent Psychology)

- Christopher González was selected to serve in New2Neuropsychology (N2N) as Hispanic Serving Institution Ambassador and a member of the N2N Outreach Committee.
Karen A. Dorsman, B.A.

Ms. Dorsman entered her Ph.D. program in Clinical Psychology with a BA from the Universidad Católica del Uruguay. During her training at UT Southwestern Medical Center, she has been active in national and international leadership positions, including the Hispanic Neuropsychological Society (HNS) as Student Representative and the Nicaraguan Alzheimer's Foundation as an advisor to Executive Board. Karen is a dedicated community health educator and has experience curating conferences as a member of the organizing committee for the Latinos & Alzheimer's Symposium. Additionally, she is a committed mentor to graduate school applicants of minoritized backgrounds. Ms. Dorsman's professional interests include the impact of environmental, cultural, and social determinants of health on cognitive health and trajectories across the lifespan.

In recognition of her academic excellence and commitment to the advancement of our field, she has received multiple awards, including scholarships from Wyndham International, Inc., the Dallas Gerontological Society, and the Southwestern Medical Foundation. She is also the recipient of the 2022 Dr. Rush C. Williams Award for Diversity & Inclusion, in addition to an honorable mention in the 2021 "Inclusion, Diversity, Equity & Advocacy Award," given by the Women in Neuropsychology & Public interest Advisory Subcommittee of Division 40 of the American Psychological Association (APA).
Congratulations!

2022 HNS AWARDS!

2022 Fellow
Dra. Christine Salinas

Mentorship in Cultural Neuropsychology Award
Dra. Mirella Diaz-Santos

Student Research Award
Ambar Perez Lao
¡Mil Gracias!

Outgoing Committee Chairs

Delia Silva, PsyD
Information Technology Committee

Michelle Miranda, PhD
Social Justice and Advocacy Committee

Thank you
¡Mil Gracias!

Outgoing BOD Members

Karen A. Dorsman, BA
Student Rep

Anita Hamilton, PhD
Member-At-Large

Jose Lafosse, PhD
Treasurer
Welcome New BOD Members

Ambar Perez-Lao, BS
Student Rep-Elect

Rosalia Costello, PhD
Member-At-Large

Natalia Moss, PhD
Treasurer
ANNOUNCEMENTS

Drs. Diomaris Safi and Tedd Judd are proud to announce a postdoctoral fellowship track at UCLA in Social Justice in Criminal Neuropsychology. This track focuses on multicultural neuropsychology, especially Spanish-speakers. We anticipate having one opening in the new SJCN Track for 2023. For further details, please contact: Diomaris E. Safi, Psy.D. (dsafi@mednet.ucla.edu).

Dr. Miguel Arce accepted a tenure-track faculty position as an Assistant Professor of Neuropsychology in the Neurology department and within the Taub Institute for Research on Alzheimer’s Disease and the Aging Brain at Columbia University. He will be recruiting for a postdoc position to start in the Summer/Fall of 2023. Please contact him at ma3347@cumc.columbia.edu for more information regarding the position.

RECOGNITIONS

CONGRATULATIONS to the following HNS members on their wonderful accomplishments!

Wyndham International, Inc. Scholarship & the Dr. Rush C. Williams Award for Diversity and Inclusion
Karen A. Dorsman

The best early career poster in brain injury rehabilitation award at the American Congress of Rehabilitation Medicine (ACRM) 2022 conference
Dr. Gloria Morel Valdes

Research Recognition Award from the National Hispanic Council on Aging
Dr. Mirella Diaz Santos


Recent Publications


How do you unwind during the holidays as a neuropsychologist?

**Dra. Monica Rivera-Mindt**

For me, unwinding during the holidays is guided by 4 P’s: Familia, Friends, Food, & Fun! Since our kids were babies, we have committed ourselves to truly taking time off during the holidays. Every year, we celebrate our annual, multicultural traditions (e.g., Yule-focused tree trimming party, a Puerto Rican style Noche Buena, Ukrainian food at Veselka on Boxing Day). And by New Year’s, I am re-energized and renewed by all of it!

On the daily, but especially at the end of the year, I engage in a gratitude practice. This helps me to re-center and stay focused. I also find being outside exercising every season (e.g., surfing, running, skiing/snowboarding) healing for both my body and spirit.

**Dr. Luis Medina**

My approach to self-care emphasizes a sense of "balance" that works for me. For that reason, I try to practice self-care throughout the year by creating my own version of separation between professional and personal life, especially by protecting my evenings and weekends. The holidays usually make it a little easier for me to maintain this separation (given holiday closures across businesses) and allow me to spend more quality time with loved ones, unwinding, and relaxing. I usually also try to engage in other non-work activities that bring me joy, like a fun read, working on a home improvement task, cooking and trying out new recipes, or taking on a creative project.

**Dra. Maria Marquine**

Spend time with family, lifelong friends in my country of origin. I am lucky to be able to do this and it helps me the entire year!

For self-care, give yourself permission and time to do things you enjoy that are not work-related.
Guess that baby ANSWERS!

Veronica Bordes-Edgar, PhD

David Lechuga, PhD

Karen Dorsman, BA

Paola Suarez, PhD

Angela Canas, PhD
ACROSS

2. Some call it. the anastomotic ring at the base of the brain
3. Visuospatial (where/what)
4. Homeostasis-Olfaction-Memory and Emotion
6. There are twelve of them!
7. Executive functions are big here!
8. "little man."
9. I'm losing my balance!
10. I'm full of cell bodies!
11. All afferent somatosensory neurons pass, except for smell!
13. Myelinated axons all the way!
15. Bumps all over the cortex

DOWN

1. The communicator between hemispheres
5. Memory and language are big here!
12. Some people have called me mesencephalon
14. Meaning almond in Greek.
Mojo para El Lechon, submitted by Julia Zubillaga

In sticking with Cuban tradition, our large, blended family slow roasts a whole pig marinated in a homemade mojo sauce in la caja china. Sides include Cuban favorites like arroz, frijoles, yuca, and platanos maduros! Here is that delicious mojo recipe.

- 2.5 cups garlic
- 2 cups orange juice
- 2 cups lime juice
- ¼ cup salt
- ½ cup pepper
- 3 tbsp thyme
- 3 tbsp parsley

1. Blend all together
2. Add 5-6 bay leaves

Vegan Coquito, submitted by Demy Alfonso

- Unsweetened coconut cream (2-5.4 oz cans)
- Sweetened condensed coconut milk (3-7.4 oz cans)
- Coconut milk (1-13.5 oz can)
- Unsweetened coconut milk (1/4 cup)
- 1 tbsp cinnamon
- 0.5-1 tsp nutmeg
- 2 tsp vanilla
- Rum (optional; your choice of serving size)

1. Blend all ingredients together
2. Refrigerate
3. Shake before serving
4. Serve over ice and topped with cinnamon
Ingredientes:
- Harina blanca de hacer pan
- Jugo natural de naranja
- Margarina
- Sal
- Azúcar
- Polvo de hornear

En un recipiente grande ponemos 2 libras y media de harina, y el jugo que sacamos de unas 10 naranjas dependiendo el tamaño de ellas, en la mitad de la harina ponemos 1 onza de margarina, una pizca de sal, esto es solo para mantener el sabor, y agregamos azúcar a nuestro gusto hasta que la masa nos quede normalita, y por último le agregamos una 1/2 onza del polvo de hornear, ahora le mezclamos todos estos ingredientes y le batimos hasta que nos quede una masa homogénea y suave, le podemos batir de 5 a 10 minutos.

En seguida le ponemos un poquito de margarina sobre una mesa para que cuando pongamos allí nuestra masa no se pegue sobre ella, ahora comenzamos a hacer unas bolitas del tamaño de la mitad de nuestra mano, y vamos colocando sobre la mesa que nos queden uniformes todas ellas.

Siguiente paso: rallamos el queso que puede ser mozarella, o cualquier otro de su preferencia, luego tomamos un bolillo y empezamos a estirar las bolitas que quedarán circulares todas ellas, y así en la mitad ponemos el queso y cerramos los lados circulares quedando la forma de empanada entonces en los filitos le damos la figura de pequeñas conchitas.

El último paso es, que pongamos aceite en una sartén muy generosamente para freír en llama mediana, y cuando el aceite está fuerte lo ponemos las empanadas con mucho cuidado para no quemarse, le damos la vuelta las empanadas para que se cocinen y se frian parejito a los dos lados, y cuando vemos que están doraditas le sacamos de la sartén y le ponemos en un bowl grande sobre un papel toalla para que esté absorba el aceite y si gustan le espolvorean azúcar sobre las empanadas para un mejor sabor, y a servirse calientitas con un cafecito y buen provecho.
Welcome to the chisme corner, a fun place to share personal updates or fun cultural tidbits (i.e., Abuela’s recipes)!

**OYE, ESCUCHASTE QUE?**

- Dr. Kayleen Ball welcomed twin boys on November 25, 2022!
- Dr. Anny Reyes welcomed a baby boy on December 22, 2022!
- Dr. Angela Canas is expecting a baby girl in April 2023!
The HNS mission is to promote the competent practice of neuropsychology with Spanish-speaking populations. HNS seeks working relationships with existing organizations in order to promote training and research, which will yield high standards in neuropsychological practice with the ethnically diverse Hispanic population.

For feedback or submissions, please email communications@hnps.org

Please visit https://hnps.org for more information

HNS Newsletter Credits

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